



2024 Engagement Package



YOU'RE KEY TO
PREVENTING
DOMESTIC VIOLENCE





Contents:

Introduction.....	3
Who We Are.....	4
Services Overview.....	5
Our Impact.....	6
Opportunities to Partner:	
Engage.....	8
Learn.....	9
Invest.....	10
Connect.....	11
Program Information.....	12

Introduction:



Our corporate partners and dedicated community members are critical to helping JBWS achieve our mission to prevent domestic violence in Morris County.

The partnerships we create are mutually beneficial, supporting the vital services that JBWS provides to all victims of domestic violence and supporting businesses corporate initiatives for social responsibility, employee satisfaction, marketing, and human resource education and support.



Who We Are:

JBWS is a private, nonprofit, tax-exempt agency based in Morris County, NJ. JBWS is there when a survivor calls our 24-Hour Helpline for the first time because they're concerned their relationship is unhealthy. JBWS at police departments moments after abuse is reported, offering victims critical access to resources.

When a survivor leaves their home in the middle of the night, JBWS is there to welcome them into our residential facilities and when it's time to face their abusive partner in court, we are by their side offering legal advocacy and support as they pursue a restraining order.

However, we don't just respond to abuse, we work to prevent it through community education and abuse intervention programs designed to end domestic violence at its source.

Our early beginnings:

In 1976, a small group of women in Morris County began a helpline to aid victims of domestic violence. When two of these callers were murdered by their husbands, the need for a confidential shelter became urgent. Together, with the community's support, they opened our safe house doors to the community in December 1978.

Our services today:

Today, the agency has grown into a full-service, private, nonprofit agency that provide safety, support and solutions for all survivors of abuse.

Beginning in 2019, we began doing business as JBWS but kept Jersey Battered Women's Service as our legal name. More than 75 paid staff and nearly 200 volunteers work together to create a community-wide culture that refuses to tolerate the presence of any form of intimate partner violence.

An Overview of JBWS' Services

JBWS is a private, confidential service that offers **safety, support, and solutions** to those impacted by domestic violence in Morris County. We welcome ALL survivors of dating, domestic, or partner abuse (and their family members) regardless of severity of the abuse, marital status, income, gender identity, sexual orientation, religion, or ethnicity.



Safety:

24-Hour Helpline: A confidential helpline is open 24 hours a day, 365 days a year

Crisis Response Team: Members of the Crisis Response Team provide pivotal comfort, support, and resources to survivors of domestic violence immediately after abuse is reported to the police

Safe House: Known as Arbour House, JBWS' Emergency Safe House provides temporary housing for adults and children who need a safe, secure place to stay

Transitional Living Program: Adults and their children can live in one of 11 fully furnished apartments for up to two years and receive supportive services

Legal Advocacy: Legal advocates are available to support those in need of legal protection



Support:

Adult Counseling Services: Speaking with a professionally trained counselor in a group setting can help clients understand the dynamics of abuse, examine the problems it causes, and connect clients with helpful resources

Child & Adolescent Services: JBWS offers trauma-informed counseling support for children and their caregivers to teach them skills to improve challenging behaviors and manage difficult feelings

The Morris Family Justice Center: The JBWS-led MFJC is JBWS' first publicly known location where survivors can walk in to access resources. The MFJC provides supportive services and legal resources to clients through a collaboration of partner agencies in one location



Solutions

No2DatingAbuse: Our teen dating abuse prevention program helps students from 6th grade through college identify abuse, recognize the warning signs of abuse, and provide emotional support and safety planning

Jersey Center for Non-Violence: Designed for people who have used abuse in their relationships, JCNV offers confidential group counseling services for men, women, and teenaged boys to examine their use of control, force, and/or abuse in their relationship

Professional Training: These trainings help community members assess and intervene in cases of intimate partner violence

Community Education: Presentations to community organizations help prevent domestic violence

2023 Impact Report



4,685

calls were made to our 24-Hour Helpline that provided people with critical safety information, emotional support, and access to resources

940

interventions were conducted by Crisis Response Team



1,143

people received critical legal advocacy services



12,451

teenagers learned the warning signs of abuse and resources for assistance through **278** presentations by JBWS' Dating Abuse Prevention Program.



295

adults and children found protection for a total of



13,660

days at Arbour House, JBWS' Emergency Safe House Shelter



239

people received counseling and supportive services through the Jersey Center for Non-Violence to learn alternatives to using abuse



"I didn't know how bad things were until I came to JBWS. *It saved my life.*"

52

adults and children stayed for a total of



10,678

days at the Carol G. Simon Transitional Living Resource Center in the Transitional Living Program

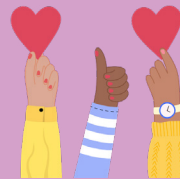
599

adults received comprehensive services from multiple agencies within the Morris Family Justice Center



8,316

volunteer hours were spent helping survivors in our programs, preparing for special events, facilities upgrades and much more



68

families received emergency aid through the Community Housing Assistance program



20

families established housing in the community and received comprehensive services through the Rapid Rehousing Program



824

people learned about domestic abuse through JBWS' professional training program



440

survivors received counseling through the adult counseling services

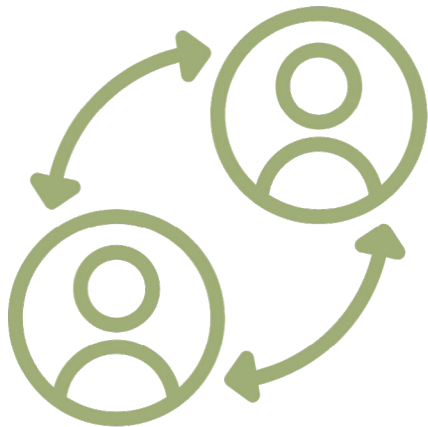


You Are Not Alone.
JBWS Can Help.

1.877.782.2873
JBWS' 24-Hour Helpline
jbws.org

Opportunities to Partner:

Engage



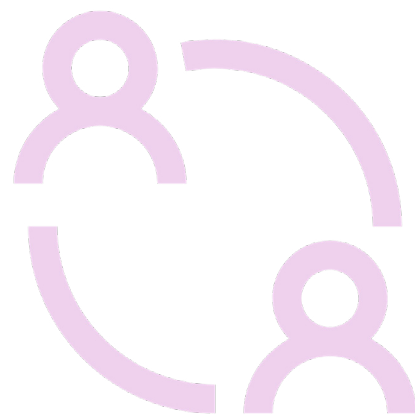
Learn



Invest



Connect



Engage:



A great way to support our mission to end domestic violence is by engaging with our organization, which can be done in numerous ways.

How Can You Engage With Our Mission?

- ❖ *Host collections for JBWS*
- ❖ *Put information about domestic violence on your intranet*
- ❖ *Have signage in the bathrooms about domestic violence*
- ❖ *Release educational information about available services*
- ❖ *Pick a day where all employees wear purple to show their commitment to ending domestic violence*

Learn:



1 in 7 men, 1 in 4 women, and 1 in 3 teenagers will experience domestic violence at some point in their lives. Considering the prevalence of this issue, it is highly likely that someone you know is experiencing it. That is why we cannot emphasize enough the importance of learning more about domestic violence and sharing that information with your friends, family, and community. It could change the trajectory of their lives.

How Can You Learn From JBWS?

- ❖ *Host lunch and learns about domestic violence*
- ❖ *Provide information about how domestic violence impacts the workforce*
- ❖ *Follow JBWS on social media to learn more about abuse*
- ❖ *Invite members of JBWS to your office for domestic violence workshops*
- ❖ *Visit jbws.org/resources for more educational information*

Invest:



Autumn Auction for Hope Event

Investing in JBWS means that you are investing in hope for people experiencing domestic violence. These investments are the reason that JBWS is able to provide critical services to those impacted by domestic violence in the worst moments of their lives.

How Can You Invest In JBWS?

- ❖ Introduce JBWS to foundations
- ❖ Make In-Kind donations to JBWS
- ❖ Attend JBWS' special events
- ❖ Become corporate sponsors of JBWS' special events

Connect:

If you're interested in ending domestic violence and routinely showing your support for healthy relationships, then deepen your connection with JBWS.

How to Connect With JBWS:

- ❖ *Host a corporate day of service at JBWS*
- ❖ *Join a committee against domestic violence*
- ❖ *Consider joining JBWS' board of directors*
- ❖ *Subscribe to JBWS' monthly newsletter*
- ❖ *Register to become a JBWS volunteer*



JBWS Is Always Here For You



What Housing Services Are Available at JBWS?

When a person is leaving an abusive partner, they are often forced into homelessness because their partner may have controlled their finances and intentionally isolated them from friends, family, and community members. These abusive tactics make it challenging for a survivor to leave an abusive relationship because they may not have access to reliable housing, income, or any support system. However, not having a place to stay or the funds necessary to afford housing should not be a reason a survivor remains with their abusive partner. JBWS offers numerous housing services including an Emergency Safe House, Transitional Living program, and Rapid Re-Housing program. While involved in JBWS' housing services, clients can receive individual and group counseling, case management, financial and legal resources, financial education, vocational development, and assistance finding permanent housing.

Safe House:

When a survivor leaves an abusive relationship and is urgently in need of housing, they come to Arbour House, JBWS' Emergency Safe House. It provides temporary housing for adults and children who need a safe place to stay. In addition to being large, beautiful, warm, and comfortable, Arbour House is secure. This is because the primary reason people come to Arbour House is for protection from abuse.

Staying in Arbour House allows survivors to continue daily activities such as: supervising their children, preparing meals, going to work and continuing their education. Both single adults and adults with their children stay in private bedrooms but share the living room and kitchen areas with other families. Clients staying at Arbour House will be connected to the full range of JBWS and community resources.

Transitional Living:

When the stay at JBWS' Arbour House is not long enough to overcome the obstacles of abuse, the Carol G. Simon Transitional Living Resource Center (TLRC) is the next step. Through the Transitional Living Program (TLP), housed within TLRC, adults and their children can live in one of eleven fully furnished apartments for up to two years. While in the Transitional Living Program, clients will be connected to the full range of JBWS and community resources, including life skills development.

Rapid Re-Housing:

JBWS' Rapid Re-Housing (RRH) program assists clients in the housing search process, pays a portion of the rental amount for up to 12 months (clients pay 30% of their income), provides financial assistance for medical, educational, childcare, and transportation needs, and connects clients to the full range of JBWS and community resources.

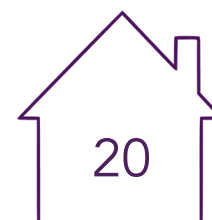
// I was able to celebrate my first holiday with my kids in my own, safe place thanks to JBWS' rapid rehousing program"



Adults and children stayed for a total of **13,660** days at Safe House in 2023



Adults and children stayed for **10,678** days in JBWS' transitional living program in 2023



Families established housing through the Rapid Re-Housing Program in 2023

Change is possible. Help is available.

What is the Jersey Center for Non-Violence?

JCNV is JBWS' abuse intervention program that is for people who have used harmful, controlling, and abusive behaviors in their relationships. Confidential group counseling services are available for men, women, and teenage boys to help them examine their use of these behaviors within intimate relationships and to learn healthy alternatives.

Why do you work with people who use abuse?

If we are going to work on preventing and ending domestic violence, we have to get to the source and that is the person who is using that abusive behavior. Many of our clients know certain behaviors are wrong but they don't know what's right. That's what they learn at JCNV.

Can people really change?

Absolutely, people can change but they have to want to change and they have to want to do the work to change.

How can you teach that?

We have a group counseling program and we follow a curriculum which covers a wide range of topics including: learning what abusive behavior is, their thought processes and beliefs that lead them to use that abusive behavior, the impact of that behavior on their partner and children, accountability planning, and healthy relationship skills.

Learn more:

Scan the QR code to learn more about JCNV and available programs.



"I knew the group was working when my son ran to me when I came through the door rather than away from me."

By The Numbers:

239

people received counseling and supportive services through JCNV in 2023 to learn alternatives to using abuse in their relationships



Need support? **JBWS is Here.**



What Counseling Services are Available at JBWS?

After experiencing abuse, both adult and child survivors may need assistance processing their emotions and understanding the dynamics of the abuse they experienced. Even if the children were not directly involved in the incidents of domestic violence, hearing it, seeing it, or witnessing the effects of it can be traumatizing. To accommodate the needs of all survivors, JBWS offers comprehensive counseling services for children, adolescents, and adults.

Child and Adolescent Services:

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT): In this evidence-based model, JBWS offers counseling support for children and caregivers by teaching them skills to improve challenging behaviors and manage difficult feelings.

Supportive Counseling: Children (3-18) in JBWS' residential programs who do not qualify for TF-CBT or need additional counseling support, can access this service. It helps children sort through conflicting feelings, strives to reduce risk factors connected to childhood exposure to domestic violence, and to break the intergenerational cycle of abuse.

Family Recreational Activities: JBWS staff members bring residential families together to celebrate holidays and learn how to have fun as a healthy family unit.

"My children couldn't do it without you. You helped me to believe in myself, so I could live free"

Adult Services:

Specialized Support Groups:

JBWS offers a series of specialized support groups to survivors throughout their journey to safety. From our orientation group, that teaches clients about the dynamics of abuse, to groups that support clients in more deeply examining the impact of abuse on their lives, JBWS' counseling services are here to help.

Groups provide the opportunity to learn from others, restore self-confidence, examine the problems it causes, reduce feelings of isolation, gain knowledge of one's rights, develop safety plans, and connect clients with helpful resources.

Offered in both English and Spanish, these groups are held numerous times throughout the week to ensure that any person in need

By The Numbers:

440

survivors received counseling through the adult counseling services in 2023

The Door To *Hope and Safety*



What is the Morris Family Justice Center?

The MFJC is JBWS' first public facing location. Survivors of domestic violence, dating abuse, human trafficking, and sexual assault can find necessary services in ONE place. Through a collaboration with partner agencies, the MFJC can offer survivors counseling services, protection, legal and immigration assistance, children's services, and more without the emotional toll of visiting numerous agencies and repeatedly telling their story to get help.

MFJC Services:

On-Site: JBWS staff provide domestic violence education, safety planning, need assessment, connection to partners, and community resources.

Children's Services: Child survivors may receive counseling services from staff trained in understanding the impact of domestic violence on children and families.

Civil Legal Assistance: Survivors can receive help with filing restraining orders, family matters, housing, immigration, and more.

Prosecutor's Office: Supports survivors on criminal matters, including accompaniment at trials.

By The Numbers:

599

adults received comprehensive services within the MFJC

Related Services:

Crisis Response Team (CRT): Trained volunteers and staff members meet with survivors shortly after incidents of domestic violence are reported to the police to provide them with critical resources.

Legal Advocacy: Legal advocates can share information about abuse, provide support in family court, assist clients in filing restraining orders, help with safety planning, provide access to a list of attorneys that offer pro bono services, and more.

MFJC Partners:

- ♦ County of Morris
- ♦ Prosecutor's Office
- ♦ Superior Court
- ♦ Legal Services of Northwest Jersey
- ♦ Morris County Organization for Hispanic Affairs
- ♦ Sheriff's Office
- ♦ Morris County Bar Foundation
- ♦ Morris County Sexual Assault Center

Love Should Never Hurt



What is the Dating Abuse Prevention Program?

JBWS' Dating Abuse Prevention Program (DAPP) has been providing services to teenagers, young adults, their family, and friends for more than 30 years. DAPP promotes the prevention of dating abuse through awareness, education, engagement, and leadership. Since 1 in 3 teens will experience dating abuse, DAPP focuses on reducing this prevalence by empowering and educating teenagers on the warning signs of dating abuse and how to recognize the indicators of healthy relationships.

What Services Does DAPP Offer?

Workshops: DAPP provides both awareness and educational No2DatingAbuse workshops for middle school, high school, and college students as well as specialized programs for community and faith-based youth groups.

Health and Wellness Fairs: Attends fairs to provide resources to large numbers of students.

Student Projects: DAPP works with student leaders to assist with presentations and projects about dating abuse by sharing resources, data, statistics, and general education about the topic.

By The Numbers:

12,451

teenagers learned the warning signs of abuse and resources for assistance through **278 presentations** by JBWS' Dating Abuse Prevention Program.

Parent Presentations: Provided to any group of adults in the community, these presentations educate parents on how to recognize the warning signs of dating abuse in their teenager's relationships, how to foster conversations about healthy and unhealthy relationships, and provide essential resources for parents and teenagers on how to navigate dating.

"Before DAPP, I never knew that abuse could be that bad or how to help someone experiencing abuse"



Want to Learn More?

Scan the QR code to visit No2DatingAbuse.org to learn more about our Dating Abuse Prevention Program.