

**DATING  
DOESN'T HAVE  
A PLAY BOOK,  
BUT IT DOES  
HAVE RULES**

Be a leader.  
Take the Yellow Card Challenge.

[No2DatingAbuse.org](http://No2DatingAbuse.org)



# DON'T GET YELLOW CARDED

Know the warning signs of an  
abusive relationship.

- Overly jealous & possessive
- Needs to control the relationship
- Name calling and put-downs
- Keeping tabs and constantly texting
- Isolation from family and friends
- Physical roughness, threats & intimidation
- Pressure to have sex
- Won't let go of the relationship

Learn more,  
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For help and info:  
973-267-4763