


## Does this relationship need a warning?

<p>Your relationship is based on <b>EQUALITY</b> and mutual respect. It is good to go.</p>	 <p>Your relationship is <b>UNHEALTHY</b> and may be abusive.</p>	<p>Your partner uses <b>ABUSE</b> tactics to gain control in the relationship.</p>
<ul style="list-style-type: none"> <li>• Encourage each other to be who you want to be</li> <li>• Chooses own friends, activities, and interests</li> <li>• Shows respect</li> <li>• Can express yourself</li> <li>• Safe to argue or disagree</li> <li>• Feel good about being together</li> <li>• Can end the relationship safely</li> <li>• Willing to compromise</li> <li>• Accepts responsibility for own behavior</li> </ul>	<ul style="list-style-type: none"> <li>• Jealousy</li> <li>• More time spent on apologies, promises, guilt and anger</li> <li>• Can't be alone</li> <li>• Don't trust</li> <li>• Feel worse about yourself</li> <li>• Rigid gender role expectations</li> <li>• Lies and manipulation</li> <li>• Pressure to have sex</li> <li>• During a break up one person won't let go</li> </ul>	<ul style="list-style-type: none"> <li>• Possessiveness</li> <li>• Threatens to kill self or partner</li> <li>• Uses fear to control</li> <li>• Won't let you see friends</li> <li>• Abusive consequences for not acting or dressing a certain way</li> <li>• Hitting, kicking, shoving, etc.</li> <li>• Forced sex</li> <li>• Destroys valuables</li> <li>• Constant criticisms</li> </ul>