

INTIMATE PARTNER VIOLENCE & CO-OCCURRING ISSUES

Sponsored by Jersey Battered Women's Service (JBWS) & The Adult Services Subcommittee of the Morris County Domestic Violence Working Group

Conference Objectives:

Upon completion of the conference, participants will be able to:

1. Compare traditional psychotherapy and feminist theories in work with victims of IPV.
2. Identify how trauma and mental illness can have reinforcing effects on each other.
3. Describe psychological components of firearm-involved domestic violence, violence, and suicide.
4. Define how substance abuse complicates the process of healing from an abusive relationship.
5. Name several factors that impact a client's disclosure of IPV and interventions therapists can use to assist them.

JBWS is an approved provider by the National Board for Certified Counselors (Provider #5875).

Licensed counselors will receive the following type and number of credits: Social and cultural competence 2, Ethics 1.5 Clinical social work 2.5

NJ Social Workers: Please contact us for information on CE credit for this conference

Psychotherapy and Violence Against Women: A Feminist Perspective

Presented by Elaine Edelman, PhD, MSW

Course Description:

Theories that shaped psychotherapy in the twentieth century had brought new insights to healing psychic pain. However, society's inability (or unwillingness) to tolerate the reality and scope of sexual abuse against women and children resulted in systemic denial of women's experiences. This denial closes off therapy as an avenue of healing, as the wounds remain hidden, and the damage from trauma persists. Further traumatization can result from invalidation of reality, blaming the victim, and cultural mores that prevent those without power to be and feel safe. While it may not be possible to say for certain how trauma affects mental illness, the correlation between the two is staggering. During this presentation, clinicians will learn how to identify theories that may be harmful in working with survivors of violence, theories that promote healing, growth, and empowerment, and fundamentals of creating a safe therapeutic space.

Course Objectives:

After completion this course, participants will be able to:

1. Identify how basic tenets of traditional psychotherapy theories have, at times, worked against empowerment, self-determination, and have reinforced cultural norms of subservience.
2. Identify current feminist theory that focuses on healing through relationships.
3. Identify how trauma and mental illness can have reinforcing effects on each other.
4. Identify how the framework of the therapeutic relationship can provide safety for healing.

Presenter Bio:

Dr. Edelman is a clinical social worker who began her career over thirty years ago working with children and families at risk due to mental illness, and abuse and neglect issues. She has since worked at every level of care including inpatient and outpatient treatment, partial hospitalization, outpatient mental health, residential services and private practice. She has extensive experience working with adult survivors of abuse and neglect and borderline pathology, and is currently working with clients struggling with homelessness, substance abuse and psychiatric illness. Dr. Edelman has taught at the undergraduate and graduate levels as well as continuing education workshops. She believes it is important to bring a feminist perspective to treatment for those of all genders with the understanding that macro issues of power and equality have a strong impact on quality service delivery, mental health and wellbeing.

Firearms and IPV: Considerations for Professionals

Presented by Gianni Pirelli, PhD

Course Description:

This is a brief workshop/training session designed to provide professionals working in DV/IPV contexts with a working knowledge of firearm-related issues, particularly those related to violence and suicide risk.

Course Objectives:

After completion of this course, participants will be able to:

1. Describe psychological components of firearm-involved domestic violence, violence, and suicide.
2. List relevant statistics and research relevant to firearms and domestic violence.
3. Explain existing and proposed firearm laws, and relevant policies.
4. Identify mental health diagnoses and symptoms related to firearm-related violence and suicide.
5. Define emerging roles for mental health practitioners and other involved professionals.
6. Apply self-care considerations relevant to working in this context.

Presenter Bio:

Dr. Pirelli is a Licensed Psychologist in New Jersey and New York. He leads a group practice, Pirelli Clinical and Forensic Psychology, LLC, which provides a wide range of clinical and clinical-forensic evaluation and therapy services (www.gpirelli.com). Dr. Pirelli is on the editorial board for the leading forensic psychology journal, *Law and Human Behavior*, as well as for the state journal, the *New Jersey Psychologist*, among others. He has also taught over 40 post-doctoral, graduate, and undergraduate courses. Dr. Pirelli's research has been cited in amicus briefs to the United States Supreme Court and to the New York Court of Appeals, and he has numerous publications, including the book, "The Ethical Practice of Forensic Psychology: A Casebook" (2017, Oxford University Press), and the forthcoming book, "The Behavioral Science of Firearms: Implications for Mental Health, Law, and Policy" (Oxford).

The Intersection of Substance Abuse and IPV

Presented by Tamu King, MSCP

Course Description:

The course will look at the history of domestic violence amongst women and how addictions continue to play a huge role in their healing process.

Course Objectives:

After completing this course, participants will be able to:

1. Explain the effects of domestic violence on women.
2. Define how substance abuse gets entangled throughout their process of healing.

Presenter Bio:

Ms. King is the Director of Social Justice Programming at the Women's Center in Linwood, NJ; a therapist, specializing in domestic violence and sexual assault; and an instructor with the Stockton Partnership where she teaches on Childhood Sexual Abuse, Domestic Violence and Substance Abuse. She is the author of *Finally Free*, a book about her personal struggles around domestic violence, sexual abuse, and eating disorders. As an African American woman she has struggled for years with understanding who she was a person, as a woman and then as a black woman. Coming to terms and understanding her authentic self, allowed her to give to other women so that they can begin to heal from the inside out. She believes that life is a journey, not a race, and every step should be a step towards healing and equality for all. Ms. King is a mother, daughter, sister, activist, artist, writer, and servant.

Client/Clinician Panel: Uncovering IPV in Your Practice

Facilitated by Harriet Newman, LPC

with clinicians Janis Falvey, LPC and Jane Shivas, LCSW

Course Description:

Ms. Newman will facilitate a discussion with 4 panelists, two of whom engaged in counseling while in a relationship with an abusive partner and two clinicians, Ms. Falvey and Ms. Shivas, who have counseled clients who have experienced abuse. Topics of discussion for clinicians will include strategies for asking clients about abuse, identifying abusive patterns in a client's relationship and interventions. The clients will share their perspectives about participating in therapy while experiencing domestic abuse. Participants will be encouraged to submit written questions to the panel.

Objectives:

After completion of this course, participants will be able to:

1. Identify two to three factors that impact a client's disclosure of domestic abuse in sessions.
2. List several skills and tools therapists can use to screen, assess and intervene with clients experiencing domestic abuse.
3. Name three interventions therapists can use to assist clients experiencing domestic abuse.

Presenter Bio:

Ms. Newman has a private practice in Bloomfield, NJ for individuals, couples and families. Prior to her practice, she was a clinician at Kinderkamack Counseling in Montvale, NJ. Ms. Newman facilitated groups for male perpetrators of domestic abuse and women who have used force through the Jersey Center for Non-Violence, a program of JBWS. She received her M.Ed. in Professional Counseling from William Paterson University. She is a LPC in NJ and a National Certified Counselor.

Clinician Bios:

Ms. Falvey is a licensed professional counselor with over thirty years of experience in the field of sexual assault, domestic abuse and PTSD. She has a private practice in Madison, NJ working with adolescents and adults impacted by family trauma, as well as collaborative work with forensic professionals dealing with high conflict divorce families. She is also a part time instructor at Rutgers School of Social Work in their continuing education department, teaching courses on personality disorders, and treatment of mood disorders for teens and adults.

Ms. Shivas is a licensed clinical social worker with over 35 years of experience in domestic violence program development and implementation. For much of that time, Jane Shivas helped to transform Jersey Battered Women's Service from a small emergency shelter in the early 80's to a comprehensive service provider for victims, abusive partners and their children. She has spent her career creating and leading a coordinated community response to domestic violence on state and local levels. Jane's extensive supervision and training of clinical staff and interns over the years has aided in the professionalization of services to victims and their families. Jane Shivas has provided state and national training and education to domestic violence, child welfare, social work, and law enforcement professionals. As the Executive Director of the New Jersey Coalition to End Domestic Violence, Jane's advocacy led to increased funding for domestic violence and updated policies, procedures and practices of state and local government entities. She also taught the Rutgers University advanced practice Master of Social Work class on Trauma through the lifespan. Jane is currently providing consulting services focusing on non-profit program development and building collaborations to enhance services to survivors of domestic violence.